

Dr. Roz Training & Consultation presents:

ENCHANTING STORIES: DRAWING INSPIRATION FROM
FAIRY TALES FOR OUR WORK IN PLAY THERAPY

ROSALIND HEIKO, Ph.D., RPT-S, ISST

APT Approved Provider 18-547

*Saturday, October 20, 2018: 9:00 a.m. to 4:30 p.m. (6 CEU's)
105 Ridgeview Drive, Cary, NC 27511*



Learning Objectives:

1. Participants will be able to describe two (2) **play therapy practices** which use fairy tales to enhance the relationship between client and therapist.
2. Participants will be able to identify three (3) uses of fairy tales for **play therapists** in the clinical setting.
3. Participants will be able to identify three (3) themes in fairy tales to encourage mastery as a part of **play therapy** practice.
4. Participants will be able to identify the four (4) journey stages for both boy and girl clients in the **play therapy** setting when using fairy tales.
5. Participants will learn three (e) different strategies to target specific client challenges (such as self-regulation and mindfulness) in the **play therapy** setting using fairy tale imagery and symbolism.
6. Participants will be able to explain the concept of Individuation and relate this understanding to the unique role that fairy tales can perform in **play therapy** practice.

Fairy tales hold fascination for play therapists and clients alike. Rainer Maria Rilke stated: "Perhaps all the dragons in our lives are princesses who are only waiting to see us act, just one, with beauty and courage. Perhaps everything that frightens us is, in its deepest essence, something helpless that wants our love."

As play therapists, we might want to adapt these stories to target specific client difficulties and challenges. What themes does a particular tale explore? What might we want to get across through a tale to a troubled client? Through this workshop we will begin to explore the nature of symbolic meanings in fairy tales through specific fairy tales for both girls and boys in treatment. Storytelling, case presentation, experiential sandtrays, poetry, creative art, and guided group discussion will enhance the understanding of chosen tales.

Group consultation with Dr. Roz will be available on Friday afternoon, from 2-4:30 pm October 19, 2018 for a fee of \$75. Dr. Roz will contact you after registration for details. Please signup if interested in the group consultation session on Eventbrite or on the registration form.

Rosalind L. Heiko, Ph.D., RPT-S, ISST is a psychologist, play therapy supervisor and sandplay teacher who has worked with children, adolescents, and families professionally since 1983. In addition to her practice and training activities, her book **The Heroine's Journey in Sandplay: A Therapist's Guide for Girls**, published by Rowman & Littlefield, is now available (July 2018: to order: [Mapping the Girl Heroine's Journey in Sandplay](#)). She has authored articles for the *Journal of Sandplay Therapy*; and the book *Counseling Families: Play-Based Treatment* contains her chapter, "Tempered In The Fire: Self-Care and Mindfulness in Preventing Clinical Burn-Out". She founded NC Play Therapy & Sandplay Training. She is an Approved Teaching Consultant in Clinical Hypnosis (ASCH), is Level II certified in EMDR, and holds national certification in School Psychology (NCSP). You can reach her through her website: www.drheiko.com



We hope you will join us!



Date: October 20, 2018, 105 Ridgeview Drive, Cary, NC 27511

Workshop Time: 9:00 A.M. to 4:30 P.M. (registration begins at 8:30 am)

Designed for the Following Clinicians: Licensed Professional Counselors, School Based Therapists, School Counselors, School Psychologists, Psychologists, Social Workers, and Marriage and Family Therapists, Social Workers

Six Contact Credit Hours (CEs) for Play Therapists:

Dr. Roz Training & Consultation is an Approved Provider with the Association for Play Therapy and offers continuing education specific to play therapy (#18-547). This training also applies towards certification through Sandplay Therapists of America, a component section of the International Society of Sandplay Therapists, for six credit hours of training.

Workshop Schedule:

Training: 9-10:30, Break: 10:30-10:45, Training: 10:45 to 12:30, Lunch: 12:30 to 1:30 pm, Training: 1:30 to 2:45 pm, Break: 2:45 to 3:00 pm, Training: 3:00 to 4:30 pm.

Refund/Cancellation Policy: *A refund will be provided if the program is cancelled by Dr. Roz Training & Consultation by email or text. If you are not sure if there is a delay or cancellation, call 919.858.8682 for a message. A registration fee refund will be granted if an emailed or written request is received by October 15, 2018, and an administration fee of \$15 will be retained.*

Panera Box Lunch will be provided at an additional cost (with pickle, chips & a cookie):

Check one of the following if you'd like to receive lunch and add the cost to registration below:

____ Mediterranean Veggie ____ Tuna Salad ____ Bacon Turkey Bravo ____ Napa Almond Chicken

Registration: *The registration fee is **\$100 before October 8, 2018**. After October 8, the fee is \$125. A limited number of scholarships are available: contact Dr. Roz for details. You may also register at Eventbrite for this workshop. If paying by check, please make checks payable to **Dr. Rosalind Heiko at 531 Keisler Drive, Suite 203, Cary, NC 27518**.*

Name: _____

Address: _____

Email: _____ **Cellphone:** _____

Degree/Certification _____

License#: _____ **CEU's for:** _____ **RPT** _____ **RPT-S** _____ **STA/ISST**

____ Requesting lunch for an additional cost of \$ _____ \$ _____

____ Requesting registration for Friday's group consultation (2-4:30 pm) \$ _____

Registration Fee: \$ _____

Total Payment Attached: \$ _____